# AFTER SCHOOL CLUBS TERM 1 - 2019/2020

# \*Sign up Mon 9th September at 2.30pm in PE Hall\*

### MONDAY 2.30-3.30pm

TABLE TENNIS	All ages	Instructor : Mariusz	€40
PHOTOGRAPHY	1 <sup>st</sup> – 6 <sup>th</sup> Class	Instructor: Nuredin Learn how to	€50
SKILLS CLUB for		take good photos with natural light	
beginners		and flash. Bring your own	
_		camera/mobile phone /tablet/ipad.	
ARTS AND	Junior Infants –	Instructor : Mary Anne Providing	€60 (includes
CRAFTS	4 <sup>th</sup> Class	children with opportunities to	materials)
		engage in arts & crafts which will	
		allow them to express their	
		creativity.	
MESS CHEF	1 <sup>st</sup> – 4 <sup>th</sup> Class	Instructor : Roisin Matthews	€70 (includes
C00KERY		Creating fun and simple recipes	ingredients)
		while playing and messing with	
		ingredients and encouraging a	
		positive relationship with food.	
MUSICAL	1 <sup>st</sup> to 6 <sup>th</sup> Class	Instructor: Sarah Nolan A fun	€60
THEATRE		programme that includes a mix of	
		singing, acting and dancing with	
		Sarah, TLT pantomime director and	
		teacher in "Kidkast" stage school.	

### **TUESDAY 2.30-3.30pm**

SUIMHNEAS	5 <sup>th</sup> and 6 <sup>th</sup> Class	Instructor: Orla Suaimhneas is the Irish word for	€50
(WELLBEING)		a sense of contentedness and tranquility	
		Giving pre-teens the skills to be more self aware	
		and manage the internal world, to react less to	
		external worries and woes! Learn to work on	
		clearing emotions such as fear, anger etc from	
		the body through music, dance, create, rest,	
		relaxation, writing and meditation.	
IRISH DANCING	All ages and levels	Instructor: Niamh (Eustace School of Irish	€50
		Dancing)	

### **THURSDAY 2.30-3.30pm**

MULTI SPORTS	1 <sup>st</sup> – 4 <sup>th</sup> Class	Instructor : Brian	€50
		Team Games - Tag Games - Rounders - Athletics -	
		Dodgeball - Tennis	
LEGO CLUB	All ages	Instructor : Eileen	€50
DANCE CLUB	2 <sup>nd</sup> – 6 <sup>th</sup> Class	Instructor : Paula Dance club with Paula will be a	€50
		fun energetic class learning simple dance routines	
		alongside some contemporary/hip-hop or pop	
		music. A great way to exercise while having fun!	

Payment cannot be made through the school office or Aladdin and must be made in full to the instructor at sign up. Clubs begin the week of **Monday 16**<sup>th</sup> **September** and will run for 10 weeks through to end of November/early December. Classes are subject to minimum numbers attending. If a class is cancelled due to low uptake a full refund will be issued. No refunds can be given in the event that a child does not attend a class for any reason. Children must be picked up promptly from classes at 3.30pm as there is no supervision available for children after this time. If children are walking home from school after an activity, a permission slip must be signed by a parent or guardian.