



## INTERNATIONAL COOKBOOK

Dear Parents and Guardians,

The PTA is in the process of organising our first exciting project of the year – an **INTERNATIONAL COOKBOOK**. We hope to gather as many recipes as possible from parents and children, in particular **any traditional dishes from your home country**. Recipes can be savoury or sweet.

Overleaf you will find a template to complete and return to the office by **Friday 30<sup>th</sup> September**. The template is also downloadable from the school website if you prefer to type it up and email it to [cookbook@astonvillageetns.com](mailto:cookbook@astonvillageetns.com)

The cookbook will be a professional quality full colour A4 publication and our plan is to launch it at an **International Food Fair** on Thursday 24<sup>th</sup> November when parents can make their dish and bring it to school for others to taste and sample.

***We really hope as many of you as possible get involved so that the final publication is a true representation of our school community of almost 40 nationalities!***

Each class from Junior Infants to 6<sup>th</sup> Class, including children in Coisceim, will have a double page spread in the cookbook and as part of the project all children will be photographed with their class and teacher. Children will be given props to pose with eg. kitchen utensils, food items, ingredients and cookware. If you have any **aprons or hats** at home that you would like your child to wear, you can send them in with them for the shoot (labelled!).

The photo shoots will take place **on Tuesday 27<sup>th</sup> and Wednesday 28<sup>th</sup> September** with Joe Andrews of Picture Perfect Photography. We are sure it will be a fun and exciting experience for all the children but if for any reason you would prefer your child not to be included please let their teacher or the office know in writing beforehand.

Proceeds from our International Cookbook will go towards funding our new **school garden** (more details on that to follow!)

Please write your recipe onto this template. This template is also available on the school website if you would prefer to type it and email it back to the school at [cookbook@astonvillageetns.com](mailto:cookbook@astonvillageetns.com)

<b>Child's Name:</b>
<b>Title of recipe:</b>
<b>Preparation time</b> (hours and minutes):
<b>Total time</b> (preparation plus cooking time):
<b>Serves</b> (how many does it make?):
<b>Ingredients</b> (please use millilitres and grams if possible):
<b>Method</b> (please number directions):  1.  2.  3.  4.  5.  6.
<b>Notes or stories about the recipe.</b> (What country is it from? When is it served? ...)